

## CURRICULUM VITAE

---

**April R. Crable, Ph.D., MBA, LPC, SOTP, BC-TMH**

**Phone: (434) 637-5081 E-mail: april.crable@cccdwllc.com**

### EDUCATION

Ph.D. Counseling Education and Supervision, 2009  
CACREP accredited  
Regent University, School of Psychology and Counseling  
Virginia Beach, Virginia

MBA Master of Business Administration, 2013  
ACBSP accredited  
University of Phoenix  
Yokosuka, Japan

M.A. Community Counseling, 2004  
CACREP accredited  
Regent University, School of Psychology and Counseling  
Virginia Beach, Virginia

B.S. Criminal Justice, 2002  
Minor: Psychology  
Old Dominion University  
Norfolk, Virginia

### LICENSES & CERTIFICATIONS

Texas Licensed Professional Counselor #79661  
Effective Date: 04/30/2018 & Expiration Date: 04/30/2025

Arizona Licensed Professional Counselor #15934  
Effective Date: 01/01/2016 & Expiration Date: 12/31/2023

Florida Licensed Mental Health Counselor #MH12930  
Effective Date: 10/21/2014 & Expiration Date: 03/31/2024

Virginia Sex Offender Treatment Provider #0812000757  
Effective Date: 09/29/2016 & Expiration Date: 06/30/2024

Virginia Licensed Professional Counselor # 0701004084  
Effective Date: 12/04/2006 & Expiration Date: 06/30/2024

Center for Credentialing & Education, Inc. # BC-TMH-2373  
Effective Date: 11/09/2020 & Expiration Date: 11/30/2025

## ACADEMIC EXPERIENCE

Liberty University  
Lynchburg, Virginia

October, 2018 to Present

### **Professor, School of Counselor Education and Family Studies**

Instruct master's level online courses; Serve on department committees; Serve as an academic advisor for students.

Walden University  
2018 Minneapolis, Minnesota

December, 2016 to October,

### **Director of Field Experience, School of Counseling**

Managed field experience academic and operations teams; developed and implemented field related policies in collaboration with faculty and the associate dean; actively participated in the design of the curriculum and the development of academic policies. Developed, facilitated, and evaluated training programs for field educators and advisors; created field education evaluations, and other best practice assessment tools.

Walden University  
Minneapolis, Minnesota

June, 2014 to December, 2016

### **Field Experience Coordinator, School of Counseling**

Served as committee chair for reviewing quarterly field experience applications; managed and organized the quarterly field experience application review procedures; assisted and resolved faculty and student concerns; managed the implementation of policies and procedures related to field; collaborated with the Field Experience Director in the implementation and maintenance of CACREP accreditation standards.

Walden University  
Minneapolis, Minnesota

October, 2010 to June, 2014

### **Contributing and Core Faculty**

Instructed online courses: Counseling Internship, Counseling Practicum, Substance Abuse Counseling, and Crisis Trauma and Response.

Tidewater Community College  
2013 Norfolk, Virginia

September, 2008 to November,

### **Adjunct Faculty**

Instructed online courses: Introduction to Psychology, Developmental Psychology, Psychology of Human Sexuality, and Child Psychology.

University of Phoenix  
Phoenix, Arizona

January, 2008 to November, 2013

**Adjunct Faculty**

Instructed online courses: Introduction to Psychology, Personality Theories, Abnormal Psychology, Positive Psychology, and Psychology of Human Sexuality.

**RELATED PROFESSIONAL EXPERIENCE**

CCCDW, LLC  
Houston, Texas

April, 2023 to present

**Owner**

Provides customized consulting recommendations and training designed to maximize the performance of individuals and organizations.

Fruition Counseling and Consulting Teletherapy Services, LLC  
Scottsdale, Arizona

August, 2007 to April, 2022

**Co-Owner/President**

Provided clinical supervision to seven (7) clinical staff members; oversees authorizations for client services; conducts clinical chart reviews, weekly team meetings, and crisis service management.

Vyne Education  
Brentwood, Tennessee

April, 2015 to October, 2018

**National Speaker**

Presents a comprehensive seminar that addresses ethical issues involving distance therapy, social networking, and electronic data, over confidentiality, disclosure, dual relationships, and high-risk cases in private practice.

E.V.O.L.V.E. Therapeutic Counseling  
Emporia, Virginia

June, 2009 to September, 2013

**Clinical Director**

Provided full operational oversight of day-to-day functions of outpatient and In-Home program services; facilitated clinical and administrative supervision of 25 clinical and direct care staff members; managed a budget of one million dollars; collaborated with community and human rights providers.

District 19 Community Services Board  
Emporia, Virginia

September, 2006 to June, 2009

**Mental Health Clinical Therapist**

Provided crisis, individual, group, family counseling, family advocacy, and conducted involuntary commitment hearings.

Jackson Feild Homes, Inc.  
Jarratt, Virginia

March, 2005 to September, 2006

### **Mental Health Clinical Therapist**

Provided crisis, individual, group counseling, and family advocacy. Administered intakes and assessments and developed treatment plans.

Samaritan House  
Virginia Beach, Virginia

April, 2004 to March, 2005

### **Family Therapist Advocate**

Provided crisis, individual, group counseling, and family advocacy. Administered intakes and assessments; developed treatment plans; supervised and managed domestic violence and homeless shelters.

## **PUBLICATIONS**

Grey, E. & Crable, A. (2023). CliniVRSE [Clinical Virtual Reality Simulated Education Training Tool]  
Dubuque, IA: Kendall Hunt

Crable, A. Grey, E., Simmons, R. (2022). An inclusive blueprint for clinical experiential learning.  
Dubuque, IA: Kendall Hunt

Hinkley, P., Crable, A., Davis, J. & Kuhnley, A. (2021). Counseling women: Evidence-Based treatment  
with faith integration. Dubuque, IA: Kendall Hunt.

Hardy, V., Locklear, A., & Crable, A., (2020). The commercial exploitation of children: Trauma-  
Informed care. The Journal of Social Work Values and Ethics, Volume 17, Number 1

Brown, D. & Crable, A. (2019). Legal and Ethical Considerations in Counseling In R.Trippany, S. Lilley,  
and A. Kuhnley (eds.). Introduction to Counseling: Integration of Faith, Professional Identity,  
and Clinical Practice. Dubuque, IA: Kendall Hunt

Barbian- Shimborg, A., Hull, K., Simmons, R. & Crable, A. (2019). Future Trends in Counseling In  
R.Trippany, S. Lilley, and A. Kuhnley (eds.). Introduction to Counseling: Integration of Faith,  
Professional Identity, and Clinical Practice. Dubuque, IA: Kendall Hunt

Crable, A.R., Underwood, L.A., Parks-Savage, A. & Maclin, V. (2013). An evaluation of a gender  
specific and trauma informed training curriculum for females in residential group care. Accepted  
in the *International Journal of Behavioral Therapy and Consultation*.

Blakely, C., Crable, A., Hardy, V., & Hood, D., (2007, March). Cross-cultural supervision:  
Understanding the unfamiliar supervisee. Southern Association of Counselor Educators and  
Supervisors, 5-6

## PRESENTATIONS

- Crable, A. (March, 2023). Beginnings and Endings in Therapy: Avoiding Some of the Ethical Pitfalls: Chi Sigma Iota: Liberty University. Lynchburg, VA (Virtual).
- Crable, A., Simmons, R.T., & Chamberlin, B. (December, 2022). Skills Training in the 21st Century: Virtual Reality in Counselor Education. Association for Creativity in Counseling Conference. Melbourne, FL.
- Crable, A. (December, 2022). Using tele-video effectively to build rapport, responsibilities with virtual care. What does and doesn't work. Counseling and Wellness. Emporia. KS (Virtual).
- Crable, A. (October, 2022). Sex Offender Treatment – Advanced Awareness Training Crosswinds Counseling and Wellness. Emporia. KS (Virtual).
- Crable, A. (July, 2022). Ethics: Beginnings and Endings in Therapy: Avoiding Some of the Ethical Pitfalls. Crosswinds Counseling and Wellness. Emporia. KS (Virtual).
- Simmons, R. & Crable, A. (September, 2021). The Emotional Brain: How Developmental Trauma Impacts Children. European Branch American Counseling Association Conference.
- Griffin, M. & Crable, A. (September, 2021). Diagnosing and treatment strategies in working with generalized anxiety disorders Crosswinds Counseling and Wellness. Emporia. KS (Virtual).
- Crable, A. (July 2021). Sex Offender Treatment Strategies. Crosswinds Counseling and Wellness. Emporia. KS (Virtual).
- King, J.A., Crable, A., Doney, C., Kitchens, S., Wirth, J. (March, 2021). From Isolation to Inclusion: Building Community Among Online Counseling Faculty. Christian Association for Psychological Studies (CAPS) Conference, Online Virtual due to Covid-19 Pandemic
- Edwards, N., Crable, A., & Marrah, A. (October, 2020). Racial Microaggression: The Successful Navigating of Faculty Women of Color in the Academy. Central Virginia Counselor Development Symposium. Lynchburg, VA
- Crable, A., Edwards, N., Takacs, M & Bohecker, L. (October, 2020). Best Practices for TeleMental Health Being Used in Graduate Behavioral Health Students' Field Experiences. Central Virginia Counselor Development Symposium. Lynchburg, VA
- Crable, A. (June, 2020), Self-Care Strategies for Mental Health Practitioners. Yorkville University, Toronto, CAN
- Crable, A. (May 2020). Ethical Implications for Termination. Fruition Counseling and Consulting Services. Scottsdale, AZ

- Crable, A. (May 2020). Ethical Implications for Termination. Stepping Stone Counseling Agency, Suffolk, VA
- Crable, A. (May, 2020), Self-Care Strategies for the Tele-Mental Health Practitioner. TeleMental Health Training Certification Conference
- Edwards, N. & Crable, A. (May, 2020). Best Practices for TeleMental Health Being Used in Graduate Behavioral Health Students' Field Experiences. TeleMental Health Training Certification Conference, Blackburg, VA
- Crable, A., Braboy, D., Brown, D., Dickens, A.; Johnson, H., Tackas, M. Tyre. Y., Vuncannon, J. (2020, March). Tele-Mental Health Training. Liberty University
- Boatner, J., Chamberlin, B., Crable, A., Trippany Simmons, R., Van Wynsburg, K. (2019). Christianity in Counseling: Balancing Professional Ethics. Law and Ethics in Counseling Conference. New Orleans, LA. February 2019
- Crable, A., Griffin, M McGhee, T. & Tyre, Y. (2019, September). Work Life Im-Balance: Practical Strategies for Counselor Wellness. Mediterranean Region Counselors Association Annual Conference Naples, Italy
- McGhee, T. Tyre, Y. Crable, A. & Griffin, M (2019, September). Resiliency Toolbox: Practical Guide for Mental Health Providers and Educators. Mediterranean Region Counselors Association Annual Conference Naples, Italy
- Griffin, M., Tyree, Y. Crable, A. & McGhee, T (September, 2019) The Nitty Gritty: Building Counselor and Counselor Educator Resilience. Mediterranean Region Counselors Association Annual Conference Naples, Italy
- Tyre, Y., McGhee, T., Griffin, M. & Crable, A. & ( September 2019). Compassion Fatigue and Resilience: The Connection and Journey for Balance. Mediterranean Region Counselors Association Annual Conference Naples, Italy
- Griffin, M., Crable, A., & King, J. (January 2019). Work, life, (im)balance: Practical strategies for virtual employee wellness. Walden University National Faculty Meeting. Tampa, Florida.
- Crable, A. & Griffin, M. (October 2018). Ethical considerations for distance counseling. European Branch-American Counseling Association. Athens, Greece.
- Griffin, M., Crable, A. & Carey, K. (October 2018). Addressing challenges of problematic behavior within field experience. Southeastern Association of Counselor Education and Supervision. Myrtle Beach, South Carolina. Accepted
- Crable, A. & Griffin, M. (August 2018). Distance education: Addressing challenges of problematic behavior. Distance Training and Learning. Wisconsin. Accepted.
- Crable, A. (2017, December). New Frontiers of Clinical Ethics: *Protect Your Practice in the Digital Age*. Sponsored by Cross Country

- Crable, A. (2017, November). *New Frontiers of Clinical Ethics: Protect Your Practice in the Digital Age*. Sponsored by Cross Country
- Underwood, L.A. & Crable, A., (2017, August). When the Juvenile Sex Offender is also a Victim: Risk Management, Safety Planning and Clarification Aggressive Behaviors, presentation at 48<sup>th</sup> Annual Southwestern School for Behavioral Health Studies
- Crable, A. (2016, August). *New Frontiers of Clinical Ethics: Protect Your Practice in the Digital Age*. Sponsored by Cross Country
- Crable, A., & Underwood, L.A. (2016, August). The Thinking Errors of Juveniles with Sexually Aggressive Behaviors, presentation at 48<sup>th</sup> Annual Southwestern School for Behavioral Health Studies
- Crable, A. R. (2015, November). *Boundaries and Ethical Dilemmas*. Sponsored by Cross Country
- Carey, K., Crable, A., & Spiro, L. (2015, October). *Practical Application of the Discrimination Model in Distance Counselor Supervision*, presentation at the Association for Counselor Educator Supervisor's Biannual Conference in Pittsburgh, PA.
- Crable, A. & Carey, K., (2015, October). *Through the Fire: Counselor Educator Burnout*, presentation at the Association for Counselor Educator Supervisors Biannual conference in Pittsburgh, PA.
- Crable, A. R. & Carey, K., (2015, October). In the Flame: *Preventing Counseling Burnout*, presentation at the FCA Convention, Orlando Florida
- Crable, A., & Underwood, L.A. (2015, October). *Clinical And Ethical Issues in Managing Juvenile Sex Offenders*, presentation at FCA Convention in Orlando, FL
- Crable, A., & Underwood, L.A. (2015, August). *Clinical And Ethical Issues in Managing Juvenile Sex Offenders*, presentation at 47<sup>th</sup> Annual Southwestern School for Behavioral Health Studies
- Crable, A. R. (2015). *Boundaries and Ethical Dilemmas*. Sponsored by Cross Country
- Carey, K., & Crable, A. R. (2015). *In the Flame: Preventing Faculty Burnout*. Sponsored by Walden National Faculty Meeting
- Crable, A.R. (2013). Ethics and Professional Boundaries for mental Health Professionals. Sponsored by Fleet and Family Center.
- Crable, A. R. (2012). Self-Injurious Behaviors. Sponsored by Fleet and Family Services Center.
- Crable, A. R. (2012). *Monitoring and Measuring Behavioral Change*. Sponsored by Fleet and Family Services Center

- Underwood, L. A. & Crable, A. R. (2007). Co-Presenter at the National Conference for Correctional Health Care. *“Breaking the Cycle of Sexual Re-traumatization in a Culturally Competent Manner: A Training Curriculum”* Sponsored by the National Commission on Correctional Health Care.
- Crable, A.R. (2006) Presented at Jackson-Feild Homes on *“Principles of Behavioral Management for Health Professionals”* Sponsored by Jackson-Feild Homes, Inc.
- Crable, A.R. (2005), Presented at Jackson-Feild Homes on *“Effective Boundaries in Residential Group Care with Sexually Traumatized Girls”* Sponsored by Jackson-Feild Homes, Inc.
- Underwood, L.A. & Crable, A.R. (2005). Co-Presenter at the Brown County, Wisconsin Human Services Department on *“Cultural Competency & Human Relations”* Sponsored by the University of South Florida Mental Health Institute.
- Crable, A.R. (2004), Presented at Samaritan House on *“Intimate Partner Violence and the LBGTQ Community”* Sponsored by Samaritan House.
- Crable, A.R. (2004), Presented at Samaritan House on *“Becoming Culturally Competent”* Sponsored by Samaritan House.

#### **ADVOCACY /LEADERSHIP**

- PhD Advisor, 2021 to Present
- Spring Summit Co-Organizer, 2021-2021
- Chi Sigma Iota Co-Chapter Faculty Advisor, Rho Eta Pi Rho 2020 to 2021
- Interview Committee, 2020 to present
- Dissertation Committee Member, 2019 to Present
- Girl Scout Co-Leader Troop (2256), 2016 to 2023

#### **PROFESSIONAL AFFILIATIONS**

- American Counseling Association 2004 to Present
- Chi Sigma Iota, International Honor Society for Professional Counselors 2009 to Present
- Southern Association for Counselor Education and Supervision 2015 to Present
- Association for Counselor Education and Supervision 2023 to present

#### **EXPERTISE**

- Sex Offender Treatment
- TeleMental Health
- Substance Abuse
- Trauma
- Counselor Education and Supervision